



**CLINICAL MASTER PROGRAM IN
REHABILITATION SCIENCES AT JUST
(JUST – CRS)**

**COURSE INFORMATION PACKAGE
(COURSE CATALOGUE)**

COURSE INFORMATION

Course title	Code	Semester	Theory (hours/week)	Application (hours/week)	Laboratory (hours/week)	National Credit	ECTS
Health Promotion	CRS 714	II, III	2	-	1	2	5
Prerequisites	None						
Course language	English						
Course type	Elective						
Mode of delivery (face to face, distance learning, blended)	Blended						
Learning and teaching strategies	<ul style="list-style-type: none"> • Lecture • Discussion • Problem solving • Case Based Learning • Reflective Practice • Online environment 						
Instructor (s)							
Course description	Public health theories and models for planning and evaluation of health promotion on individual and community level.						
Course objective	The aim of the course is to enable students identify the role of rehabilitation practitioners in health promotion and to plan and assess relevant health and wellbeing interventions based on models of health promotion						
Learning outcomes	<p>Upon completion of this course, student will be able to:</p> <ol style="list-style-type: none"> 1. Describe a holistic definition of biopsychosocial determinants of health. 2. Identify personal, social, cultural and physical environment factors in relation to risk behaviors and health inequalities 3. Describe working environment legislation relates to health promotion at work. 4. Demonstrate knowledge of theories and methods of interventions in health promotion on individual and groups. 5. Identify and describe concepts the problems assessment, planning, implementing for health education and promotion. 6. Define risk assessments for physical and psychosocial working environments 7. Apply health promotion approaches in interdisciplinary settings. 						



Course Content	<ul style="list-style-type: none"> • Public health theories • Public health models • Planning and evaluation of health promotion on individual and community level
References	<ul style="list-style-type: none"> • Scaffa ME, Reitz SM, Pizzi MA. Occupational Therapy in the Promotion of Health and Wellness. Philadelphia: F.A. Davis Co; 2010. • Dugdill L, Crone D, Murphy R. Physical Activity and Health Promotion: Evidence-based Approaches to Practice. UK: Wiley-Blackwell; 2009.

COURSE OUTLINE-WEEKLY

Weeks	Topics
1	Introduction to health education and health promotion
2	Biopsychosocial determinants of health in various context.
3	Theories and models related with health promotion
4	Health promotion in a global context
5	Ethical, political, scientific, sociocultural and economics contexts for health promotion strategies
6	National legislations, international health strategies and core competencies for public health
7	Midterm exam
8	Health behavior change strategies in healthy population and individuals and groups with specific risks or disabilities
9	Preventive rehabilitation strategies to prevent diseases and injuries to promote health and wellbeing at different contexts.
10	Health promotion and physical activity
11	Health literacy
12	Health promotion and occupational engagement
13	Preparing a student project
14	Student project presentation
15	Final Exam

**In accordance with the structure of the course, activities such as presentations, projects, seminars, and portfolios can be used in the evaluation system as a midterm exam.*



ASSESSMENT METHODS

Course activities	Number	Percentage
Attendance		
Laboratory		
Application		
Field activities		
Specific practical training		
Assignments	1	10
Presentation	1	10
Discussion	-	-
Project	1	10
Seminar		
Portfolio		
Online environment*	1	10
Midterms	1	20
Final exam	1	40
Total		100
Percentage of semester activities contributing grade success		
Percentage of final exam contributing grade success		
Total		100

WORKLOAD AND ECTS CALCULATION

Activities	Number	Duration (hour)	Total Work Load
Course Duration (x14)	14	2	28
Laboratory	14	1	14
Application			
Specific practical training			
Field activities			
Study Hours outside the classroom context (Preliminary work, reinforcement, self-directed learning etc.)	14	2	28
Presentation / Seminar Preparation	1	5	5
Project	1	20	20
Online environment*	1	15	15
Homework assignment	2	5	10
Portfolio			
Midterms (Study duration)	1	15	15
Final Exam (Study duration)	1	15	15
Total Workload			150



MATRIX OF THE COURSE LEARNING OUTCOMES VERSUS PROGRAM OUTCOMES

Program Outcomes	Contribution level*				
	1	2	3	4	5
1. Design and implement autonomously a professional approach based on analysis of complex rehabilitation science knowledge			x		
2. Design, deliver and evaluate educational process adapted or customize to different inter-professional contexts (academic/professional/community) using an effective pedagogical approach			x		
3. Provide and disseminate new evidence in accordance with research ethics using updated and integrated knowledge of research methods		x			
4. Develop, manage and organize strategic planning and decision making within the scope of the quality assurance, ethical rules, team development and cooperation					x
5. Integrate health advocacy at an individual, community and policy levels to promote citizenship and inclusive development of communities					x
6. Communicates effectively within multidisciplinary clinical or scientific contexts, based on collaborative approach.					x
7. Plan, implement and advocate interdisciplinary healthcare services within deep understanding of health care systems to promote better networking, and comprehensive patient care.					x

***1 Lowest, 2 Low, 3 Average, 4 High, 5 Highest**