



# CLINICAL MASTER PROGRAM IN REHABILITATION SCIENCES AT JUST (JUST – CRS)

# COURSE INFORMATION PACKAGE (COURSE CATALOGUE)

#### **COURSE INFORMATION**

| Course title   | Code  | Semester       | Theory<br>(hours/week) | Application (hours/week) | Laboratory<br>(hours/week) | National<br>Credit | ECTS |
|--|---|----------------|------------------------|--------------------------|----------------------------|--------------------|------|
| Advanced Theories and Practice in Neurological Rehabilitation II | CRS<br>725  | 11, 111        | 2                      | 2                        |                            | 3                  | 5    |
| Prerequisites  | Advan   | ced theories a | nd application in r    | notor learning and       | motor control              |                    |      |
| Course<br>language   |   | English        |                        |                          |                            |                    |      |
| Course type  | Electiv   | e              |                        |                          |                            |                    |      |
| Mode of delivery (face to face, distance learning, blended)      | Blended     Face to face  |                |                        |                          |                            |                    |      |
| Learning and teaching strategies                                 | <ul> <li>Lecture</li> <li>Discussion</li> <li>Case study</li> <li>Preparing and/or Presenting Reports</li> <li>Clinical simulation</li> <li>Self-directed learning</li> <li>Online environment</li> </ul>   |                |                        |                          |                            |                    |      |
| Instructor (s)   |   |                |                        |                          |                            |                    |      |
| Course<br>description  | The course aims to build on the existing knowledge of neurological rehabilitation theory and practice from an evidence-based perspective. The course will enable students to deepen their understanding of the neuroplasticity concepts underpinning functional recovery in the use of various neurological rehabilitative approaches. Advanced clinical reasoning and clinical skills to the development of safe, effective & specific rehabilitation programs and exercise prescription for adults with neurological disorders in an interdisciplinary context will be also included in the course. |                |                        |                          |                            |                    |      |
| Course<br>objective  | To apply deep knowledge of adults' neurorehabilitation using the interdisciplinary paradigm. Additionally, this course aims at developing the clinical appraisal skills that help building clinical decision making including assessment plans and intervention.  |                |                        |                          |                            |                    |      |
| Learning outcomes  | <ul> <li>Students will be able to</li> <li>Demonstrate deep understanding of neuroplasticity concepts underpinning functional recovery in the use of various neurological rehabilitative approaches.</li> <li>Critically evaluate and discuss the use of interdisciplinary concepts in the settings of adults'</li> </ul>   |                |                        |                          |                            |                    |      |





|                       | neurological rehabilitation.   |  |  |  |
|-----------------------|--|--|--|--|
|                       | 3- Critically evaluate and discuss the use of different outcome measures in the settings of              |  |  |  |
|                       | adults' neurological rehabilitation.   |  |  |  |
|                       | 4- Critically analyze and apply evidence for neurological rehabilitation approaches and                  |  |  |  |
|                       | techniques.  |  |  |  |
|                       | 5- Demonstrate advanced skills to plan, implement and evaluate rehabilitation plans in a                 |  |  |  |
|                       | client-centered framework for people with neurological rehabilitation.                                   |  |  |  |
| <b>Course Content</b> | Neurological rehabilitation in adults, adult neurology   |  |  |  |
| References            | Neurological Rehabilitation, Darcy et al , 6 Edition, 2013   |  |  |  |
|                       | <ul> <li>Additional reading will be in the form of papers and or text references that will be</li> </ul> |  |  |  |
|                       | provided prior to or during each session   |  |  |  |
|                       | Shumway Cook (2016) Motor Control> translating research into clinical practice.                          |  |  |  |
|                       | Fahn & Janokovi ( 2011) Principles and Practice movement disorders.                                      |  |  |  |
|                       | Winson, Wilson & Bateman (2016)The Brain Injury Rehabilitation Workbook.                                 |  |  |  |

## **COURSE OUTLINE-WEEKLY**

| Weeks    | Topics (Theoretical, Practice – Lab & hands on skills [P])                          |
|----------|---|
| 1.       | Integrated interdisciplinary care in adults' neurorehabilitation                    |
| 2.       | Outcome measures in adults' neurological rehabilitation                             |
|          | Application: Apply the use of interdisciplinary care into case-scenarios in adults' |
|          | neurological rehabilitation   |
| 3.       | Neuroplasticity and functional recovery in neurological disorders                   |
|          | Application: Outcome measures in adults neurological rehabilitation                 |
| 4.       | Application: fundamentals of exercise prescription in neurological rehabilitation   |
| 5.       | Therapeutic approaches within neurorehabilitation: motor/ movement dysfunction      |
| J.       | Application: Applications of Neurodevelopmental Therapy                             |
|          | Therapeutic Techniques within neurorehabilitation for movement dysfunction          |
| 6.       | recovery of motor function.   |
| 0.       | Application: Applications of intervention approaches for movement dysfunction       |
|          | within neurorehabilitation  |
| 7.       | Proprioceptive Neuromuscular Facilitation Theory and Assessments                    |
| 7.       | Application: Applications of Proprioceptive Neuromuscular Facilitation              |
| 8.       | Contemporary approaches: for example: Task orientated and CIMT                      |
| <u> </u> | Application: CIMT, task oriented , virtual reality, bilateral training              |
| 9.       | Cognitive, visual and perceptual neurorehabilitation                                |
|          | Application: Models of cognition, perception and vision                             |
| 10.      | Assessment of Cognitive , visual and perceptual impairments                         |
|          | Impact of Cognitive, visual and perceptual interventions on neurorehabilitation     |
| 11.      | Application: Applications of cognitive, visual and perceptual interventions in      |
|          | neurorehabilitation   |
| 12.      | Spasticity management   |
| 12.      | Application: Applications of spasticity management approaches                       |
| 13.      | Principles of Postural management   |
|          | Postural management [P]   |
| 14.      | Advances in adults' neurological rehabilitation                                     |
|          | Application: Applications of advances in adults' neurological rehabilitation        |
| 15.      | Case studies' discussion  |
| 16.      | Final exam week   |





\*In accordance with the structure of the course, activities such as presentations, projects, seminars, and portfolios can be used in the evaluation system as a midterm exam.

#### **ASSESSMENT METHODS**

| Course activities  | Number | Percentage** |
|--|--------|--------------|
| Attendance   |        |              |
| Laboratory -practical exam (mid term)                        | 1      | 30           |
| Application  |        |              |
| Field activities   |        |              |
| Specific practical training                                  |        |              |
| Assignments (written assignment defending a therapeutic      | 1      | 20           |
| approach)  | т      | 20           |
| Presentation   |        |              |
| Discussion   |        |              |
| Project  |        |              |
| Seminar  |        |              |
| Portfolio  |        |              |
| Online environment* (quizzes online)                         | 5      | 10           |
| Midterms   |        |              |
| Final exam (written exam)                                    | 1      | 40           |
| Total  |        | 100          |
| Percentage of semester activities contributing grade success |        |              |
| Percentage of final exam contributing grade success          |        |              |
| Total  |        | 100          |

### **WORKLOAD AND ECTS CALCULATION**

| Activities                                | Number | Duration<br>(hour) | Total Work<br>Load |  |
|---|--------|--------------------|--------------------|--|
| Course Duration (x14)                     | 14     | 2                  | 28                 |  |
| Laboratory                                |        |                    |                    |  |
| Application                               | 14     | 2                  | 28                 |  |
| Specific practical training               |        |                    |                    |  |
| Field activities                          |        |                    |                    |  |
| Study Hours outside the classroom context |        |                    |                    |  |
| (Preliminary work, reinforcement, self-   | 14     | 3                  | 42                 |  |
| directed learning etc.)                   |        |                    |                    |  |
| Presentation / Seminar Preparation        |        |                    |                    |  |
| Project                                   |        |                    |                    |  |
| Online environment                        | 1      | 14                 | 14                 |  |
| Homework assignment                       | 1      | 10                 | 10                 |  |
| Portfolio                                 |        |                    |                    |  |
| Midterms                                  | 1      | 14                 | 14                 |  |
| Final Exam (Theoretical and Practical)    | 1      | 14                 | 14                 |  |
| Total Workload                            |        |                    | 150                |  |





### MATRIX OF THE COURSE LEARNING OUTCOMES VERSUS PROGRAM OUTCOMES

| Program Outcomes   | Contribution level* |   |   |   |   |
|--|---------------------|---|---|---|---|
|  | 1                   | 2 | 3 | 4 | 5 |
| Design and implement     autonomously a professional     approach based on analysis of     complex rehabilitation science     knowledge  |                     |   |   |   | x |
| Design, deliver and evaluate     educational process adapted or     customize to different inter-     professional contexts     (academic/professional/commun     ity) using an effective     pedagogical approach | x                   |   |   |   |   |
| <ol> <li>Provide and disseminate new<br/>evidence in accordance with<br/>research ethics using updated<br/>and integrated knowledge of<br/>research methods</li> </ol>   |                     |   | х |   |   |
| 4. Develop, manage and organize strategic planning and decision making within the scope of the quality assurance, ethical rules, team development and cooperation  |                     |   | х |   |   |
| <ol> <li>Integrate health advocacy at an individual, community and policy levels to promote citizenship and inclusive development of communities</li> </ol>  | x                   |   |   |   |   |
| <ol> <li>Communicates effectively within<br/>multidisciplinary clinical or<br/>scientific contexts, based on<br/>collaborative approach.</li> </ol>  |                     |   | х |   |   |
| 7. Plan, implement and advocate interdisciplinary healthcare services within deep understanding of health care systems to promote better networking, and comprehensive patient care.                               |                     |   | х |   |   |

<sup>\*1</sup> Lowest, 2 Low, 3 Average, 4 High, 5 Highest